

September 2005



MEDICARE HEALTH PLANS

(Formerly called MEDICARE ADVANTAGE or
MEDICARE+CHOICE plans)

offered in Washington State

Always check with the plan for current information and premiums. There are limited enrollment opportunities in some counties.

Plan	Type of Plan	Copayment Information	Additional Information (See "Key" on last page)	Counties Served/ Monthly Premium
Asuris Northwest Health Asuris Northwest Health MedAdvantage 1-800-541-8981 www.asurisnorthwesthealth.com	Preferred Provider Organization	Office Visit= \$5 *Routine Exam=\$5 ER Visit= \$ 50 <i>(waived if admitted)</i> Hospital Stay= \$100	DS, EE, EG, HE, Nurse Hotline, Worldwide Emergency Coverage. No referrals are required to see specialist.	<input type="checkbox"/> Spokane \$89
Columbia Community Care - Plus 1-800-573-8609 www.columbiacommunitycare.com	Managed Care	Office Visit=\$20 Specialist Visit =\$35 *Routine Exam=\$20 ER Visit=\$50 <i>(waived if admitted)</i> Hospital Stay= \$150/day (1 st – 5 th day)	EE, EG, Worldwide Emergency Coverage	<input type="checkbox"/> Benton, Franklin, Spokane \$25
Columbia Community Care – Premier 1-800-573-8609 www.columbiacommunitycare.com	Managed Care	Office Visit=\$15 Specialist Visit =\$35 *Routine Exam=\$15 ER Visit=\$50 <i>(waived if admitted)</i> Hospital Stay= \$150/day (1 st – 5 th day)	EE, EG, Rx, Worldwide Emergency Coverage	<input type="checkbox"/> Benton, Franklin, Yakima \$50

Plan	Type of Plan	Copayment Information	Additional Information (See "Key" on last page)	Counties Served/ Monthly Premium
Group Health Cooperative GHC Medicare Plan Basic Benefits 1-888-901-4636 www.ghc.org	Managed Care	Office Visit= \$10 *Routine Exam=\$0 <i>(once every 2 years)</i> ER Visit= \$50 <i>(waived if admitted)</i> Hospital Stay= \$100 <i>(1st – 3rd day)</i>	EE, EG, FT, HE, HA, SC, \$1,000 OOP, POS, Out- of-Service-area care , Worldwide Emergency Coverage	<input type="checkbox"/> Island, Kitsap, San Juan, Skagit, Snohomish, parts of Grays Harbor, Whatcom \$119 <input type="checkbox"/> King, Lewis, Mason, Pierce, Thurston \$94
Group Health Cooperative GHC Medicare Plan Basic Benefits + Optional Supplemental Benefits 1-888-901-4636 www.ghc.org	Managed Care	Office Visit=\$15 *Routine Exam=\$0 <i>(once every 2 years)</i> ER Visit= \$50 <i>(waived if admitted)</i> Hospital Stay= \$100 <i>(1st – 3rd day)</i>	All Basic Benefits + DS, Additional Home Care and SNF coverage	<input type="checkbox"/> Island, Kitsap, San Juan, Skagit, Snohomish, Whatcom, parts of Grays Harbor \$144 <input type="checkbox"/> King, Lewis, Mason, Pierce, Thurston \$119
Health Net Option Plus 1-800-822-7698 www.healthnet.com	Preferred Provider Organization	Office Visit=\$10 *Routine Exam=\$0 ER Visit=\$50 Hospital Stay=\$100	DS, EE, EG, Alternative Medicine, Disease Management, Worldwide Emergency Coverage	<input type="checkbox"/> Clark \$53
Kaiser Permanente NW Senior Advantage 1-800-813-2000 www.kaiserpermanente.org	Managed Care	Office Visit=\$15 *Routine Exam=\$15 <i>(once every 2 years)</i> ER Visit=\$50 Hospital Stay=\$200	EE, EG, HE, FT, SC, Rx, \$1,000 OOP Worldwide Emergency Coverage	<input type="checkbox"/> Cowlitz, Lewis, Wahkiakum \$127 <input type="checkbox"/> Clark \$94
Kaiser Permanente NW Senior Advantage II 1-800-813-2000 www.kaiserpermanente.org	Managed Care	Office Visit=\$15 *Routine Exam=\$15 <i>(once every 2 years)</i> ER Visit= \$50 Hospital Stay= \$200	EE, EG, HA, HE, FT, Rx, SC, Expanded Care benefit, \$1,000 OOP, Worldwide Emergency Coverage	<input type="checkbox"/> Clark \$210

Plan	Type of Plan	Copayment Information	Additional Information (See “Key” on last page)	Counties Served/ Monthly Premium
PacifiCare of Washington Secure Horizons Standard Plan 1-800-255-6673 www.securehorizons.com	Managed Care	Office Visit=\$15 Specialist Visit: \$30, (\$25 for Snohomish & parts of Island) *Routine Exam=\$15 ER Visit=\$50 Hospital Stay= \$200/day (1 st -4 th day)	EE, EG, HA, HE, SC Worldwide Emergency Coverage	<input type="checkbox"/> King , Pierce, Snohomish, parts of Island, Thurston, Lewis \$95
PacifiCare of Washington Secure Horizons Standard Plan 1-800-385-5588 www.securehorizons.com	Managed Care	Office Visit=\$10 Specialist Visit: \$20 *Routine Exam=\$10 ER Visit=\$50 Hospital Stay= \$100/day (1 st -8 th day)	Rx, Worldwide Emergency Coverage	<input type="checkbox"/> Cowlitz \$40
PacifiCare of Washington Secure Horizons 1-800-255-6673 www.securehorizons.com	Managed Care	Office Visit=\$10 Specialist Visit: \$20 *Routine Exam=\$10 ER Visit=\$50 Hospital Stay= \$100/day (1 st -8 th day)	EE, EG, HA, HE, SC Worldwide Emergency Coverage	<input type="checkbox"/> Clark \$77
PacifiCare of Washington Secure Horizons Value Plan 1-800-255-6673 www.securehorizons.com	Managed Care	Office Visit=\$15 Specialist Visit=\$30 *Routine Exam=\$15 ER Visit=\$50 Hospital Stay=\$200/day (1 st – 4 th day)	Rx, EE, EG, HA, HE, SC Worldwide Emergency Coverage *Selected provider groups	<input type="checkbox"/> King, Lewis, Pierce, Thurston \$75

Plan	Type of Plan	Copayment Information	Additional Information (See “Key” on last page)	Counties Served/ Monthly Premium
PacifiCare of Washington Secure Horizons Secure Horizons Direct 1-800-776-8876 www.securehorizons.com	Private Fee For Service	Office Visit=\$12 Specialist Visit=\$25 *Routine Exam=\$0 ER Visit=\$50 Hospital Stay=\$175/day (1 st – 7 th day)	\$5,000 OOP in network , EE, EG, Worldwide Emergency Coverage	<input type="checkbox"/> Clallam, Columbia, Island, Kitsap, Kittitas, Klickitat, Pierce, San Juan, Skamania, Snohomish, Spokane, Wahkiakum, Walla Walla, Whatcom, Yakima \$0 <input type="checkbox"/> Clark, Cowlitz, King, Stevens, Thurston \$25 <input type="checkbox"/> Mason \$45
Providence Health Plan Providence Medicare Extra Plan 1 1-800-988-0088 www.providence.org	Managed Care	Office Visit=\$15 Specialist Visit=\$15 *Routine Exam=\$15 ER Visit=\$50 (waived if admitted in 24 hours) Hospital Stay= \$250/stay (\$500 max per year)	EE, Disease Management, Nursing Hotline, Nutritional Training, Smoking Cessation, Worldwide Emergency Coverage	<input type="checkbox"/> Clark \$86
Providence Health Plan Providence Medicare Extra Plan 2 1-800-988-0088 www.providence.org	Managed Care	Office Visit=\$20 Specialist Visit=\$20 *Routine Exam=\$20 ER Visit=\$50 (waived if admitted in 24 hours) Hospital Stay= \$325/stay	EE, Disease Management, Nursing Hotline, Nutritional Training, Smoking Cessation, Worldwide Emergency Coverage	<input type="checkbox"/> Clark \$56

Plan	Type of Plan	Copayment Information	Additional Information (See “Key” on last page)	Counties Served/ Monthly Premium
Regence BlueShield 1-800-541-8981 www.wa.regence.com	Preferred Provider Organization	Office Visit=\$5 Specialist Visit=\$5 *Routine Exam=\$5 ER Visit=\$50 (waived if admitted within 48 hours) Hospital Stay= \$100/day (1 st – 3 rd day)	DS, EE, EG, Health Ed Classes, Nursing Hotline, \$1,500 OOP in-network, \$3,000 OOP out of network, Worldwide Emergency Coverage	<input type="checkbox"/> Clallam, King, Kitsap, Pierce, Skagit, Snohomish, Thurston Whatcom, Yakima \$99
Regence BlueCross BlueShield of Oregon 1-800-452-2909 www.or.regence.com	Preferred Provider Organization	Office Visit=\$5 Specialist Visit=\$5 *Routine Exam=\$5 ER Visit=\$50 Hospital Stay=\$100/day (1 st – 3 rd day)	DS, EE, EG, Health Ed Classes, Nursing Hotline, Worldwide Emergency Coverage,	<input type="checkbox"/> Clark \$79
Regence HMO of Oregon First Choice 65 1-800-541-8981 www.bcbso.com	Managed Care	Office Visit=\$20 Specialist Visit=\$20 *Routine Exam=\$20 ER Visit=\$50 (waived if admitted) Hospital Stay= \$100/day (1 st – 8 th day)	EE, EG, Congestive Health Programs, Disease Management, Health Ed Classes, Nutritional Training, Worldwide Emergency Coverage	<input type="checkbox"/> Clark \$69
Spokane Community Care Basic 1-800-573-8609 www.spokanecommunitycare.com	Managed Care	Office Visit=\$15 Specialist Visit = \$30 *Routine Exam=\$15 ER Visit=\$50 Hospital Stay= \$150/day (1 st – 5 th day)	EE, EG, Worldwide Emergency Coverage	<input type="checkbox"/> Spokane \$0

Plan	Type of Plan	Copayment Information	Additional Information (See “Key” on last page)	Counties Served/ Monthly Premium
Spokane Community Care Plus 1-800-573-8609 www.spokanecommunitycare.com	Managed Care	Office Visit=\$20 Specialist Visit =\$35 *Routine Exam=\$20 ER Visit=\$50 Hospital Stay= \$150/day (1 st – 5 th day)	EE, EG, Rx, Worldwide Emergency Coverage	<input type="checkbox"/> Spokane \$17
Spokane Community Care Premier 1-800-573-8609 www.spokanecommunitycare.com	Managed Care	Office Visit=\$10 Specialist Visit =\$25 *Routine Exam=\$10 ER Visit=\$50 Hospital Stay= \$100/day (1 st – 5 th day)	EE, EG, Rx, Worldwide Emergency Coverage	<input type="checkbox"/> Spokane \$48
Sterling Life Insurance Co. Sterling Option 1 1-888-858-8572 www.sterlingplans.com	Private Fee-For-Service (PFFS) Plan	Office Visit=\$15 Specialist Visit=\$25 *Routine Exam=\$0 ER visit=\$50 <i>(waived if admitted)</i> Hospital Stay= \$150/day (1 st – 5 th day)	EE, HE, Nursing Hotline, Disease Management, Worldwide Emergency Coverage Can self-refer to specialists who accept the Sterling Option I Plan,	<input type="checkbox"/> All Washington Counties \$38
United Healthcare Insurance Company Evercare Choice 1-866-266-0636 www.evercareonline.com http://fortress.wa.gov/dshs/m aa/mmip/	Managed Care	Office Visit=\$0 Specialist Visit=\$0 *Routine Exam=\$0 ER visit=\$0 <i>(waived if admitted)</i> Hospital Stay=\$0	*This plan is part of the Medicare/Medicaid Integration Project and only offers to people who have both Medicare and Medicaid. Contact plan for more information.	<input type="checkbox"/> King, Pierce, Snohomish \$0

Plan	Type of Plan	Copayment Information	Additional Information (See “Key” on last page)	Counties Served/ Monthly Premium
United Healthcare Insurance Company Evercare Premier 1-866-266-0636 www.evercareonline.com http://fortress.wa.gov/dshs/maa/mmip/	Managed Care	Office Visit=\$0 Specialist Visit=\$0 *Routine Exam=\$0 ER visit=\$0 Hospital Stay=\$0	*This plan is part of the Medicare/Medicaid Integration Project and only offers to people who have both Medicare and Medicaid. Contact plan for more information.	<input type="checkbox"/> King, Pierce \$0

This is only an overview. Consult plan contract for details. Most benefits are subject to Medicare guidelines. Contact plan for enrollment details.

Additional Medicare Health Plan Information is available at Medicare’s web site: www.medicare.gov
The inclusion of a company on this list does not constitute an endorsement of a company or its policies by the Washington State Insurance Commissioner's Office, SHIBA HelpLine or its volunteers.
Visit our web page at www.insurance.wa.gov

KEY

DS	Dental Service	EE	Eye Exam
EG	Eye Glasses	FT	Fitness Classes and/or Health Club Membership
HA	Hearing Aid	HE	Hearing Exam
OOP	Out-of-Pocket (maximum per year)	POS	Point of Service-member responsible for coinsurance, deductibles and OOP
Rx	Prescription Drugs	SC	Smoking Cessation
SNF	Skilled Nursing Facility Care	*	If your Medicare coverage begins on or after January 1 st , 2005, you may receive a one-time physical exam within the first six months.